

Choosing a Confirmation Sponsor



CCC: 1311 Candidates for Confirmation, as for Baptism fittingly seek the spiritual help of a *sponsor*. To emphasize the unity of the two sacraments, it is appropriate that this be one of the baptismal Godparents.

Allowing your child to have input on the decision of who will stand as their Sponsor will help them feel invested in the process, encouraging active participation in preparation. A parent can provide structure by offering a shortlist of suitable candidates, then discussing why each one might be a good fit. Consider the following guidelines as you and your child discern their Confirmation Sponsor.

- The Sponsor may not be the child's parent.
- The Sponsor should be at least 16 years of age.
- The Sponsor should be a practicing Catholic and registered at their parish.
- The Sponsor must have received all three sacraments of initiation; Baptism, First Eucharist, Confirmation.
- The Sponsors should be someone that the candidate admires and views as a Christian role model.
- The sponsor should be someone they feel comfortable approaching for guidance, which is crucial for ongoing spiritual support.

Once a Sponsor is chosen and agrees to stand as your child's Sponsor, they should complete a sponsor verification form, located on our website. If they are registered in a Parish other than St. Mary's, the Sponsor must take our form and have the bottom portion completed, signed, and sealed by their Parish of registration.